LAKE PARSIPPANY PROPERTY OWNERS ASSOCIATION





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JOIN OUR FACEBOOK PAGE

Lake Parsippany Property Owners Association-LPPOA OFFICIAL PAGE

Other information like water test reports, meeting minutes, budgets, events, activities, membership information, and lots more can be found on our website under NEWS. It's a great site to get accurate up to date information about our community.

If you are not receiving email from the LPPOA, please make sure to renew your membership and update your profile with the correct email address.

Don't forget to check your spam folder in case of any unwanted filtering.

Visit our Help page for profile updating assistance

JOIN OUR FACEBOOK PAGE:

Lake Parsippany Property Owners Association-LPPOA OFFICIAL PAGE

Please have your current year badge for admission to all meetings and events at the clubhouse The LPPOA Board of Directors will be taking action at all monthly meetings as it relates to financial, operational changes and management of the lake.

VISIT US ONLINE WWW.LAKE-PARSIPPANY.ORG

PRESIDENT'S MESSAGE

Pulkit Desai

We held our first monthly board meeting at the clubhouse since March 2020. It was great to get back to normal! I want to thank everyone who came in person as well as those who attend via Zoom. I appreciate you having patience with us while we worked through some technical issues.

We're already in the middle of summer and I am happy to report our beach managers Amanda and Joe have been fantastic. I was not wrong last month when I said they are bringing us a tremendous program for this summer. Everybody loves all the activities they have had which include cardboard boat racing, barbecues, pizza night, water balloon toss, rock painting and slime making, just to name a few. I know that everyone will love the fun events that are planned for August as well. I want to also thank all our returning lifeguards and our new quards who have joined our community. They are doing an excellent job and are helping to create wonderful summer memories for many of our members. I have received much positive feedback from members I meet at the beach and in the community. Their friendly and welcoming demeanor, as well as all the fun programs have encouraged a few Basic members to become Premium members. Please check our website's calendar for more activities in August. Don't miss out on anything! Look at the calendar on our website, at the beach, as well as our Facebook page for all the events that have occurred in the last month and all that are scheduled in August.

Elections are upon us and I urge everyone to pay attention and vote. Voter participation will determine where we will take this association going forward. I encourage you to get involved with the Board. There are 2 trustee positions open, and a district rep position for each of the 4 districts is open. The more we

Our Lake, it's not just here...
but it is and has been the heart of our community.

President's Message (Cont.)

are involved, the more that we can accomplish! If you cannot devote the needed time to be a board member, consider joining many of our clubs and committees. We can do so much more with the involvement of our community members! Look for the special ELECTION edition of the News and Views coming soon!

Our Lake is not just here but it is and has been the heart of our community. You may not drive by it regularly, walk around it and enjoy its beauty, or it just may be an afterthought and not an integral part of your daily lives, however, it is here with the help of many volunteers, past and present. Know that when people come here to buy a house or visit friends that they all remark how beautiful it is and even on hot summer days that just driving into our area things are noticeably a few degrees cooler. The beach, the boating, the numerous activities are all welcoming to new families.

Stay well everyone and enjoy the rest of the summer. I hope to see you at the next board meeting in August.





EDITORS NOTE

Marilyn Ammirata

Welcome to August! We have really been enjoying our lake so far this year, and although we got off to an uncertain start due to the lifeguard shortages, we were able to get things going. Lots of fun activities were had this month, many you've hopefully had a chance to enjoy! There are lots more fun things planned for the community in August.

We had our annual cardboard boat race on the 23rd which was an amazing event, although I personally did miss seeing the old Pirate ship there this year as Bill is off doing mission work. The kids missed him as well but they all had an incredible time!





Enjoy the rest of the summer!

Editors Note (Cont.)



Movie night on the 20th was enjoyed by many, ice cream sundaes enjoyed by so many along with other beach activities hosted by our managers, who I understand have lots more fun times planned.

We had our first in person board meeting this past month, and although there were some technical difficulties, the board is working to fix that. It was great getting back into the swing of things! And although for personal reason I have stepped down from the board, I look forward to attending more meetings in person.

CYCLISTS

RIDE WITH TRAFFIC



DON'T MAKE A
WALL OF PEOPLE
ACROSS AN
ENTIRE SIDE
OF THE ROAD

It's been a very hot month so far, and the nurse in me wants to caution everyone to be safe. Working outside for long periods of time can cause heat illnesses, minor including heat rash and more severe causing heat stroke. So, put off those jobs, if possible, to the evening or early morning hours. Drink plenty of water or eat foods that contain a high percentage of water, like fruits. Avoid vigorous exercise. When you go outside, use sunscreen. Key points to remember to stay safe in the heat

- Drink plenty of water
- Keep cool
- Keep your house cool
- Take care of others, check on elderly neighbors, take care of children and get them to drink as much as possible.
- Never ever leave babies, children, or animals alone in the car, even with the AC running.

Don't forget, elections are coming up! VOTE, Volunteer...there are board positions open and committees and clubs to join! We can do good things if everyone gets involved.



MAINTAIN PROPER SOCIAL DISTANCING



WEAR REFLECTIVE CLOTHING AT NIGHT



WALK FACING TRAFFIC

SCHOLARSHIPS

ATTENTION HIGH SCHOOL SENIORS AND CURRENT COLLEGE STUDENTS

A \$400 Scholarship could be yours. One of our members has made a generous donation for the purpose of helping a student with their college expenses.

Please visit https://lake-parsippany.org/Scholarship-Fund to obtain a scholarship application.

ALL APPLICATIONS MUST BE RECEIVED BY AUGUST 15th for consideration



All applications must be received by August 15th for consideration.



DOGGONE, IT'S SUMMER!

Please keep your pets safe this summer.

Dogs don't sweat like humans and can suffer HEATSTROKE far more easily.

Exercise your dog early or late in the day. All dogs, especially flat faced breeds can overheat quickly.



Provide fresh water daily. Clam shell pools and doggy ice treats/kongs/home alone toys are great fun, keeps them cool and provides mental enrichment.





Check the temperature of the ground or sand because if it's too hot to touch, then it's TOO HOT for their PAWS.



Leave dogs in a shady area, bearing in mind the movement of the sun as the day passes.



Never walk your dog when the temperature is over 30C (85F), their paws burn on hot pavement and hot sand.



Never leave your dog in a parked car on a warm day. Even on a cool day, the temperature in the car is much hotter than outside and can lead to brain damage or death!!



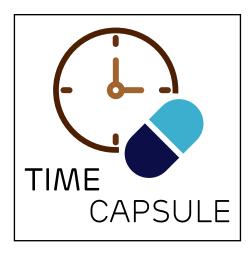
SIGNS OF HEATSTROKE

Muddy pink gums (instead of bright pink), heavy panting with occasional frothing at the mouth, disorientation, increased heart rate.

What To Do: Remove the pet from the heat source if possible. Increase ventilation (fan) and apply cool water or a coal towel compress. Do not apply ice, this causes the blood vessels to constrict and takes the dog longer to coal down. Reapply the cool towels frequently. Offer water to your pet, but don't force it.

Get your pet to the veterinarian quickly.

Illustrated by Lili Chin doggiedrawings net Written by Gay Pathmanathan degshome.org.au



Sebastian Ostolaza

LAKE PARSIPPANY PRIOR TO CONSTRUCTION

Aerialview of Lake Parsippany prior to construction. The map is from 1930 and I have added property lines and a few points of reference.

1 Drewes Beach, 2 Johnson Beach, 3 Joerges Beach, 4 Hoffman Beach, 5 Clubhouse, 6 Boathouse, 7 Mirror Pond, 8 Original Clubhouse Property (Now Fire House #3).



WE WILL ALL MISS MATHEAU MIGALA, AKA: MATTY

Jennifer DeStefano, Christy Heigyl-Gardner



On Sunday April 17, 2022, the Lake Parsippany Community lost its number one fan, Matheau Migala. "Matty" as he was known by everyone on Hoffman Beach, had a great love of the lake and couldn't stay out of the water. He would often run onto the beach and jump in the water even before his mom Theresa could unpack the car. His excitement was palpable. Theresa would be following, close behind, collecting his shoes and sometimes his shirt. Matty would spend hours simply floating in his tube or playing splash

with a friend. You would also find Matty on the swings when he was not in the water! Matty's big sister Breanna was a lifeguard at the lake for almost ten years. She could be seen swimming with him whenever she was not on duty. Matheau attended school at New Beginnings, where he was known for his smile, sense of humor, and love for cupcakes! Matheau leaves behind his dad Conrad, mom Theresa, and his sibling's Joy, Zachary, Kristopher & Breanna.

The lake community would like to offer their deepest condolences to the Miglia family. Matthew's joyfulness, especially at the lake, will be remembered in our hearts.



"When someone you love becomes a memory, the memory becomes a treasure." – Unknown



Katie Vesper Chrystal Immediato



PAST EVENTS

4th of July Fireworks Watch Party:

LPPOA residents headed to Drewes and Johnson Beaches on 7/4/22 to enjoy the town fireworks.

Big Jeff Concert:

Big Jeff rocked the beach on 7/15/22 with this family friendly children's concert. We can't wait for next year!







Committee Chairs: Brigid Crimmins, Chrystal Immediato, and Katie Vesper **Committee Members:** Marilyn Ammirata, Tarak Bhatt, Jennifer DeStefano, Sangita Desai, Niral Desai, Darshana Kalavadia, Deepa Tailor, Don Phelps, John Scrivens

Events (Cont.)

UPCOMING EVENTS

Garba Dance Lessons: AUGUST 5-6,12-13, 2022 6:00 PM - 7:00 PM, Johnson Beach

Learn how to play Garba with us! No experience needed for these fun dance lessons. Sign up for one or all of the dates below. Thank you to Megha Master for donating her time to teach these classes. Open to members in good standing. Register on the LPPOA website.

Sunset & Soirée Adult Nights: AUGUST 19, 2022, 7:00 PM - 10:00 PM, Johnson Beach

We are bringing back these popular BYOB events at the beach. Grab your chairs, snacks and kick back as we hang with neighbors and friends. Open to members in good standing. Register on the LPPOA website.

EVENTS IN THE WORKS...

Be on the lookout for blast emails and flyers for: LPPOA Water Lantern Launch, Family Fun Day, Fall Movie Nights and many more!

WE NEED YOU! Have an event idea? Send us an email or join us at our next meeting! Contact us at: lppoa.events.committee@gmail.com



Events (Cont.)

GARBA DANCE LESSONS

August 2022 5, 6, 12 &13



\$5.00 PER FAMILY PER SESSION

JOHNSON BEACH

Thank you to
Megha Master
for donating
her time to
teach these classes!



JOIN US FOR THIS FUN ACTIVITY - NO EXPERIENCE NEEDED
SIGN UP FOR ONE OR ALL OF THE DATES
OPEN TO MEMBERS IN GOOD STANDING

BEACH EVENTS AUGUST













Sebastian Ostolaza

NEW RECRUITS

The season is well on the way for the Men's Horseshoes Team. We started practicing prior to the season start and the team is looking good.

There are a few new recruits this year and they are doing better than expected. Rookie Joe M. threw his first "Six Pack" (Highest score possible, 2 shoes around the pin for 6 points) during our match against Estling Lake.

Games are played every Friday evening from June to August. Contact: LakeParSports@gmail.com





Team left to right: John, Brendan, Sebastian, Joe, Frank, Bill, Craig, Joe



Jenn DeStefano, Marilyn Ammirata

DAISY COASTERS

The members of the craft club have now met 3 times and we are starting to get into a good groove. This past meeting on July 26th, we were fortunate to have Abby Phelps come and show us how to crochet Daisy Coasters.

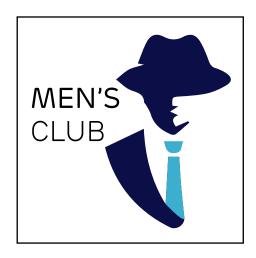
Abby is a sophomore at Montserrat College of Art. She grew up here in Lake Parsippany is extremely talented, and is donating her time before she heads back to school next month. Abby is not only a full time student, but she has her own Etsy shop! Contact us if you would like to check it out. For your viewing pleasure, check out Abby's Tik Tok: https://www.tiktok.com/@abbycrochet58?lang=en...

Our September meeting we will have a fall craft idea to work on if you wish or you may bring something else that you are currently working on. We meet on the 4th Tuesday of the month at 7:00 pm. Craft ideas and new talents are always welcome. Feel free to bring a snack & a beverage.

If you wish to be added to the email list please send an email to JennDeStefano99@aol.com and request the to be added.

Check out our Facebook Group. We post craft ideas and videos. LPPOA Craft Club https://www.facebook.com/groups/686077959129827





Sebastian Ostolaza

FLAG RETIREMENT

What is Flag Retirement?

Flag Retirement is the term used to define the proper, dignified way of destroying United States flags that are no longer fit to serve the nation.

"The flag, when it is in such condition that it is no longer a fitting emblem of display, should be destroyed in a dignified way, preferably by burning."

-The United States Flag Code, Title 4, Section 8k

How badly damaged does a flag need to be before it should be retired?

It is in the eye of the beholder to determine the condition of a flag. Often a flag only needs cleaning to restore its original appearance. Flags can be machine-washed in cold water with a mild detergent. They should be laid flat or hung to dry. Never fold the flag when it is damp.

It is recommended that you mend a tattered flag at early signs of wear, if possible. The first part of a flag to show wear is usually the fly end, the outer edge of the flag, or seams that may have unraveled due to stress from the wind.

If the flag appears too tattered for repair, then the flag should be retired.

Don't Throw It Away

This probably goes without saying but throwing your flag in a trash can is extremely disrespectful to the flag!

What is the preferred way to destroy old, worn, frayed and/or faded U.S. Flags?

The preferred way to destroy old, worn, frayed and/or faded U.S. Flags is by burning them.

Where and how should a Flag Retirement ceremony be performed?

Flags should be retired in private at a non-public location and the ceremony should be a solemn, dignified event.

Are you unsure of how to properly dispose of your flag?

Contact the men's club at Ippoa.mensclub@ gmail.com and we will pick up your flag for proper retirement. You can also contact your local American Legion, VFW, or Boy Scout Troop.





Christie Hegyi Gardner

FUTURE BOOK CLUB SELECTIONS:

AUG The Book of Lost Friends' by Lisa Wingate

SEP The Book of Lost Friends by Lisa Wingate

OCT The Woman in the Window by AJ Finn

NOV The Plot Against America by Philip Roth

DEC Still need to choose a selection

AMERICAN DIRT

There was a lot of controversy surrounding our July selection, American Dirt by Jeanine Cummins.

Who gets to decide who writes a story?

Sometimes the best literature comes from the most unexpected places.

Did you know that 'Memoirs of a Geisha' was written by an American man?

For those that read the book in our group, it was agreed it was worth the read, they said they would recommend it and it was enlightening.

The author took 5 years to research and write this book of fiction. That research and time certainly paid off. It was suspenseful and harrowing. It enlightened us to some of the myriad of reasons people may have to leave their country, family, and friends as well as the mental and physical toll of the journey. And we were swept up with them on that journey.

"For both Lydia and the sisters, there's a constant tug-of-war between the gruesome feeling that something's chasing them, that they must move quickly away, and a physical hesitation, a reluctance to move blindly toward whatever unknown demons may loom in the road ahead." Pg 167.

This book introduced us to a more intimate look at immigrants, hopefully it will open the door to other authors and their stories.

Hopefully it will make people care.

This happened to be an Oprah Winfrey selection, so I wanted to share some of her thoughts.

Winfrey told journalist Charlie Gibson, that

Book Club (Cont.)

she still appreciates the novel, adding that it helped her form newfound perspective about the migration process. "I really appreciated that book, and it helped me to see immigrants and the whole migration process differently than I had before," Winfrey said. "So, it opened up a space in me, allowed me to see things differently, and I appreciated that from the author and I thought the story was well told."

"I had chosen that book and stood by that book because the truth of the matter is, I really loved the book," Winfrey said. "And that was the only reason I was choosing the book, because I really loved the book. And even though lots of people were asking me now to disown that, I'd already owned it, so I wasn't going to go back on my word and now say, 'Well, because you think she shouldn't have written the book, I no longer liked the book.""

This work of fiction instigated great questions and conversations, which of course is what good books do!

Hopefully all the controversy will end up being a catalyst for change, change in immigration views, as well as changes in the publishing world. All voices need to be heard and that's a start.

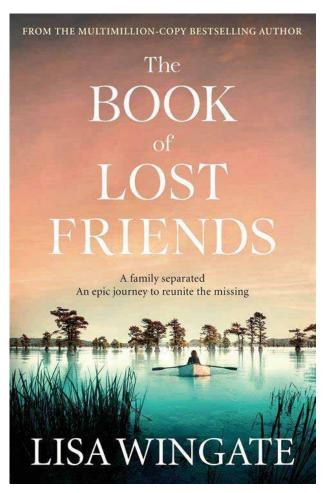
If you are interested in similar books by Latin writers, please check out-

https://www.texasobserver.org/17-great-books-on-the-border-to-read-instead-of-american-dirt/

Read the book and let us know what you think!

We enjoyed Hoffman Beach at twilight and a heron graced us with its presence. The night we gathered happened to be llene Sanford's Birthday. There is a Sharing Library in her honor located at Hoffman Beach, come by, and check out the books.

The August book is 'The Book of Lost Friends' by Lisa Wingate.



If you are interested in more information on book club, contact Christie at chegyi@optonline.net.



Judy Bailey

POLLINATORS!

Our gardens are planted, and the flowers are blooming despite the heat and humidity of summer. We gardeners have been weeding, and watering in our spare time, and with the help of our friends the rain and the pollinators, our flowers are growing.

But, who are the pollinators? Bees, butterflies, hummingbirds, insects, bats and other small animals are a few of the pollinators.

How do they pollinate our gardens? According to Pollinators.org" they visit flowers to drink nectar



or feed from pollen and transport pollen grains as they move from spot to spot" i.e., "bloom to bloom".

Some of the flowers that attract the pollinators are pansies, petunias, roses, cosmos, alyssum, zinnias and sun flowers to name a few.

This fascinating process helps all our gardens, from the flowers in pots to the vegetables in gardens and on patios.

If you were at the open house in June and saw the beautiful note cards that we were selling on our table we still have some available and attached are 2 examples if you are interested.

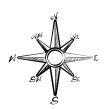
Please email Lee at: lee.connor1@gmail.com, the cost is \$ 5.00 each pack of 4 cards, cash.

We would like to invite all members of the lake to join the club regardless of your level of membership.

Come to our meetings share your gardening ideas with us. If you like gardening, we would like to meet with you.

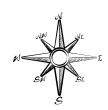
For membership information please contact Joan at 862-325-3976.













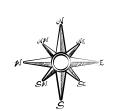


Jenn DeStefano



re can always pretend to be a			First you need
, ,	(adjective)	(noun)	,
a sword to wave	e around ye ship	. Then you have	e to learn how to
talk like a pirate. Learn phrases like,	"Ahoy there,	(plural noun)	_!" and "Avast, ye
" And don't forge	t the classic. "Sh	niver me	ļ"
(plural noun)			ural noun)
Once yer have the speech down pa	it, then yer have	to dress like a _l	pirate. Ye will
need a three-cornered(noun)		ead. Then yer w	ill need to stash
a in yer pants. Do	on't forget to kee	ep a	perched
(noun)	3	(anima	
on ye shoulder, and a crew of	a	ooard ye ship.	
· ·	l noun - people)	, ,	
These will make ye the(adjective	•	er!	





Kids Korner (Cont.)

PIRATE FACTS



ANIMALS

Pirates did have animals such as parrots, lizards, and monkeys but they used them mostly for trade, to sell, or for bribes, not as pets.



TREASURE

Most people think of gold when they think of pirate treasure but they also took silver, silk, jewels, ivory, food, spices, weapons and ammunition.



FLAGS

Pirate flags had symbols meant to scare captains into surrendering. Most flags had skulls, crossbones, or skeletons to warn of death.





Kids Korner (Cont.)



TREASURE MAP

Most pirates didn't bury their treasure.
They usually spent it or traded it instead.



COMPASS

Pirates did use a compass to navigate if they had one but it didn't work too well. They also navigated by the stars. Maps were rare as they were very expensive.



SHIPS

Pirates used many ships but preferred ships that could go the fastest such as the singlemasted sloop or the Brigantine.

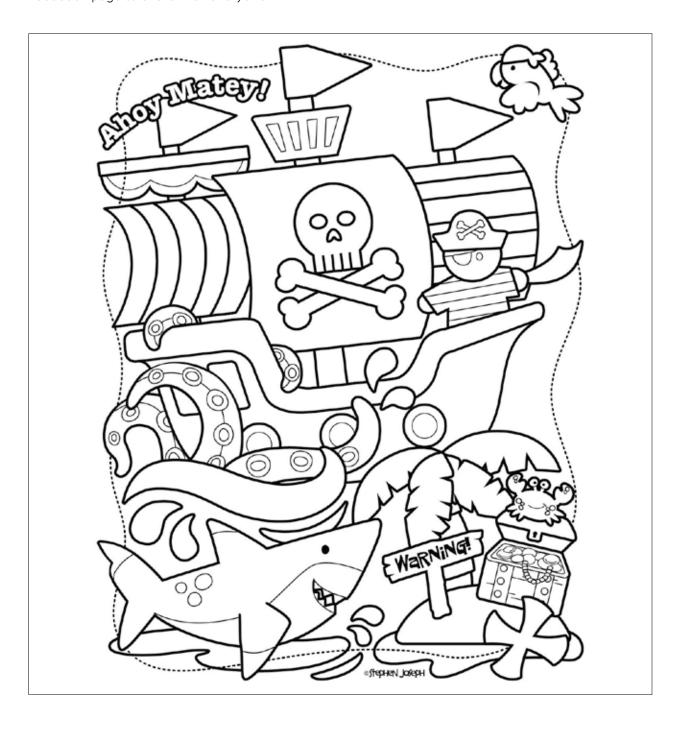




Kids Korner (Cont.)

PIRATE COLOR AND SHARE

Ask a grown up to print this coloring page for you! Please add your personal touch by coloring & decorating it anyway you desire! When you are done have a grown-up post it on the LPPOA Facebook page to share with everyone!





LAKEparsippany property owners association

