

# LAKE PARSIPPANY PROPERTY OWNERS ASSOCIATION

news + views

**11**  
**ANNUAL MEETING**

12:00PM  
ZOOM

**11**  
**ELECTION**

9:00AM to  
3:00PM  
Club house

**12**  
**MONTHLY BOARD MEETING**

7:30PM  
Clubhouse

**16**  
**SUNSET AND SOIREE**

7:00PM to  
10:00PM  
Johnson Beach

**17**  
**MOVIE NIGHT AT THE BEACH**

8:00PM  
Hoffman Beach

**09**  
**2022**

# LAKEparsippany

property  
owners  
association



## LPPOA BOARD OF DIRECTORS

**PRESIDENT**  
PULKIT DESAI

**VICE PRESIDENT**  
NIRAV PATEL

**SECRETARY**  
DAN NAZZARO

**TREASURER**  
PATTY ELLIS

**FINANCIAL  
SECRETARY**  
TARAK BHATT

### **DISTRICT 1 (DREWES BEACH AREA)**

Rinam Shah  
Manisha Mansuria  
Marilyn Ammirata

### **DISTRICT 2 (JOHNSON BEACH AREA)**

Darshana Kalavadia  
Barbara Parentin  
Jagdish Prajapati

### **DISTRICT 3 (JORGES BEACH AREA)**

Don Phelps  
Raul Carandang  
Matthew Kilic

### **DISTRICT 4 (HOFFMAN BEACH AREA)**

Deepa Tailor  
Harismran Kaur  
Mary Free

**CLUBHOUSE  
RENTAL AGENT**  
Marissa May  
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**MEMBERSHIP**  
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## NEWS & VIEWS

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Marilyn Ammirata  
Pulkit Desai

## JOIN OUR FACEBOOK PAGE

Lake Parsippany Property  
Owners Association-  
LPPOA OFFICIAL PAGE

Other information like  
water test reports,  
meeting minutes,  
budgets, events, activities,  
membership information,  
and lots more can be  
found on our website  
under NEWS. It's a great  
site to get accurate up to  
date information about  
our community.

If you are not receiving  
email from the LPPOA,  
please make sure to  
renew your membership  
and update your profile  
with the correct email  
address.

Don't forget to check  
your spam folder in case  
of any unwanted filtering.

Visit our Help page  
for profile updating  
assistance

### **JOIN OUR FACEBOOK PAGE:**

Lake Parsippany Property Owners Association-LPPOA OFFICIAL PAGE

### **Please have your current year badge for admission to all meetings and events at the clubhouse**

The LPPOA Board of Directors will be taking action at all monthly meetings as it relates to financial, operational changes and management of the lake.

VISIT US ONLINE [WWW.LAKE-PARSIPPANY.ORG](http://WWW.LAKE-PARSIPPANY.ORG)

## PRESIDENT'S MESSAGE

*Pulkit Desai*

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It's hard to believe, but summer 2022 is coming to an end. One more week and we will be officially closing the beach season. Although the beaches will be closed, life here at Lake Parsippany is still going strong. From relaxing evening events with the community at Johnson beach, sports, and fun activities at Drewes beach and many events for Premium members at Hoffman beach. Just walking around this gem that is our lake you will continue to see events happening and many members who are still out enjoying our lake and all it has to offer. The events committee continues to do a fantastic job, with a miniscule budget, in showcasing our lake, and planning many events that the community can get involved in. We are also offering a lot of fun events over the next coming months and there is a lot of excitement about it all!

Our beach managers Amanda and Joe have done a great job this summer. I was not wrong last month when I said they are bringing us a tremendous program for this summer and all the fun events and activities were enjoyed by so many. Some of the fun times at the beach included cardboard boat racing, barbecues, pizza nights, water balloon toss, slime making, movie nights and rock painting, just to name a few. I'd also like to thank all our lifeguards who have done and continue to do an excellent job in creating wonderful summer memories for everyone. I have received such positive feedback from many members, everyone very happy with our lifeguards and life at the beach this summer. The lifeguards' friendly and welcoming demeanor encouraged a few Basic members to become Premium members.

On a different note, 2022 Elections are upon us, and I urge everyone to pay attention and vote. Voter participation will determine where we will take this association going forward. We seek and we always need new voices and fresh ideas to keep our association moving ahead. Be involved and volunteer

*One more week and we will be  
officially closing the beach season.*

***President's Message (Cont.)***

for committees, join clubs, get involved! We can do so much more with community involvement! However, keep in mind volunteering requires work. Many of us have experienced this but have not shied away from the challenge. Be sure you are willing and able to put in many hours a week for the community, come with an open mind and be willing to look at the bigger picture. It will be worth it!

Looking ahead I am requesting that FSR work with us for a solution, by October, regarding invoicing and the plan on how it will be done going forward. Once the 2023 budget is completed, approved, and voted on we can get invoices out timelier. This will hopefully eliminate the snags we experienced earlier this year. Also, as so many of you have asked about, garbage cans have been ordered and I hope to have them around the lake by the end of August.

We are working on a Volunteer Appreciation Event for later this year. The entire board, as well as many in the community, truly appreciate everything that is done for our lake community by efforts of so many volunteers. However, the entire community needs to know who these people are, what they do and how long they have been doing things for the community. We created a committee just to take on this endeavor. We will communicate more info as this new committee starts its work. In this issue of News and Views, the first of many articles talking about our volunteers was written. I thank Don Phelps for starting this initiative.

*In closing, it has been my absolute pleasure to serve as this association's President for the last 2 years, we've gotten so much done, but together we can always do more!*

## EDITORS NOTE

*Marilyn Ammirata*

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Can you believe that summer is almost over? Where did it go? School is starting very soon; the beach is closing, and everyone is getting ready for fall. How time flies!

You should all have gotten the LPPOA Election and Annual Meeting Announcement in the mail. Read it carefully. Voting will take place on Sunday, September 11 between 9AM and 3PM. If you have not received this information in the mail, or have any other election related questions, contact [lpboa.election.2022@gmail.com](mailto:lpboa.election.2022@gmail.com).

I have been advertising a scholarship award that is available to one lucky community member either in their senior year entering college or in college. I am happy to announce that the Ladies Club has generously donated another \$400.00 so there will be 2 lucky award winners. The Scholarship committee is reviewing all applications and essays now and the 2 winners will be announced at the September 12 LPPOA Board Meeting.



*You should all have gotten the LPPOA Election and Annual Meeting Announcement in the mail. Read it carefully. Voting will take place on Sunday, September 11 between 9AM and 3PM.*

**Editors Note (Cont.)**

As a Registered Nurse, I have for many years been involved in health education and will be starting a Health Awareness Section in this newsletter. If there is anything that you want additional information on, please let us know.

**Covid-19 isolation guidance:** Last week the CDC revised its Covid-19 guidelines to include a revision of isolation guidance with people infected with Covid-19. The CDC has ended quarantine for those exposed to Covid-19, which is significant. The new advice for those exposed to a person with Covid-19 is that you can go to work, attend school and be around others if they wear a high quality, well fitted mask. A mask should be worn for 10 days following exposure. Those exposed should also test at least 5 days after the exposure. If the test is positive, meaning they have now contacted Covid, they need to go into isolation. Isolation is being physically separate from others to prevent further transmission of the virus.

Remember, if you are diagnosed with Covid-19 or any of the strains, whether you have any signs or not, you need to isolate for at least 5 days, when you are most infectious. Once this period is over and you have no symptoms or if you are improving and have no fever for at least 24 hours, isolation can end. However, although you are no longer isolating, for the next 5 days, please continue to wear a mask while in public places including going to work or school (depending on your school/ employer guidelines).

**How to ISOLATE with other people:** Remember, although you may be vaccinated, you can still come down with Covid. When you are home, stay as far away from family members as possible, use a separate bathroom, if possible, take steps to improve ventilation at home, if possible. Do not share personal items like towels, cups, utensils.



**CYCLISTS  
RIDE WITH TRAFFIC**



**MAINTAIN PROPER  
SOCIAL DISTANCING**



**DON'T MAKE A  
WALL OF PEOPLE  
ACROSS AN  
ENTIRE SIDE  
OF THE ROAD**



**WEAR REFLECTIVE  
CLOTHING AT NIGHT**



**WALK  
FACING TRAFFIC**

**Editors Note (Cont.)****To summarize**

1. Watch for symptoms for 10 days
2. Wear a mask around others for 10 days
3. Test 5 days after exposure, or sooner if you have symptoms
4. If you test positive, ISOLATE
5. Always take extra precautions for 10 days when around people who are more likely to get extremely sick. (Elderly, those with asthma, diabetes, COPD, weakened immune system etc.)

**Common Symptoms of COVID****(Can be as mild or severe):**

- Fever
- Cough
- Headache
- Feeling tired
- Loss of taste or smell
- Muscle Aches/Chills
- Sore Throat/Runny Nose
- Nausea/Vomiting/Diarrhea
- Shortness of breath or difficulty breathing

**We're also coming into cold and flu season and there are some things to know:**

- Both COVID-19 and flu can spread from person to person between people who are in close contact with one another (within about 6 feet). Both are spread mainly by large and small

particles containing virus that are expelled when people with the illness (COVID-19 or flu) cough, sneeze, or talk. In some circumstances, such as indoor settings with poor ventilation, small particles might be spread further than 6 feet and cause infections.

- Although most spread is by inhalation, it may be possible that a person can get infected by touching another person (for example, shaking hands with someone who has the virus on their hands), or by touching a surface or object that has virus on it, and then touching their own mouth, nose, or eyes.
- Both flu viruses and the virus that causes COVID-19 can be spread to others by people before they begin showing symptoms; by people with very mild symptoms; and by people who never experience symptoms (asymptomatic people).

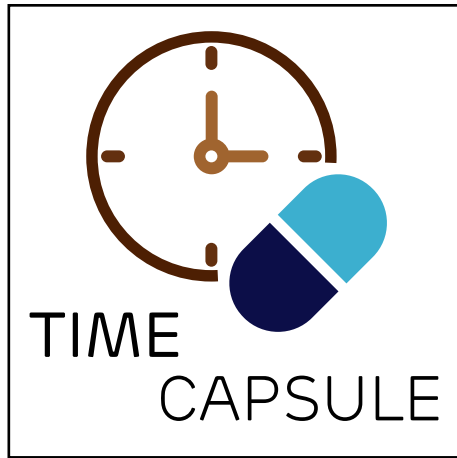
**Differences:**

- While the virus that causes COVID-19 and flu viruses are thought to spread in similar ways, the virus that causes COVID-19 is generally more contagious than flu viruses. Also, COVID-19 has been observed to have more superspreading events than flu. This means the virus that causes COVID-19 can quickly and easily spread to a lot of people and result in continual spreading among people as time progresses.

So, be smart, stay safe and take care of yourself and your families!

*School is starting very soon, the beach is closing,  
The CDC has ended quarantine for those exposed to Covid-19*





*Sebastian Ostolaza*

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## SWIM TEAM LEGACIES

**DAVE LAMOTHE** was the founding father of the Lake Parsippany Swim Team and an outstanding parent volunteer who dedicated not only his time to Lake Parsippany, but to all of Hub Lakes Swimming. He served on the LPPOA Board of Trustees from 1969-1972 then again in 1982

**Dave LaMonthe Award**-This award is presented at the HUB Lakes Swim Championships to a parent who unselfishly devotes time, talent and enthusiasm to the sport of swimming.





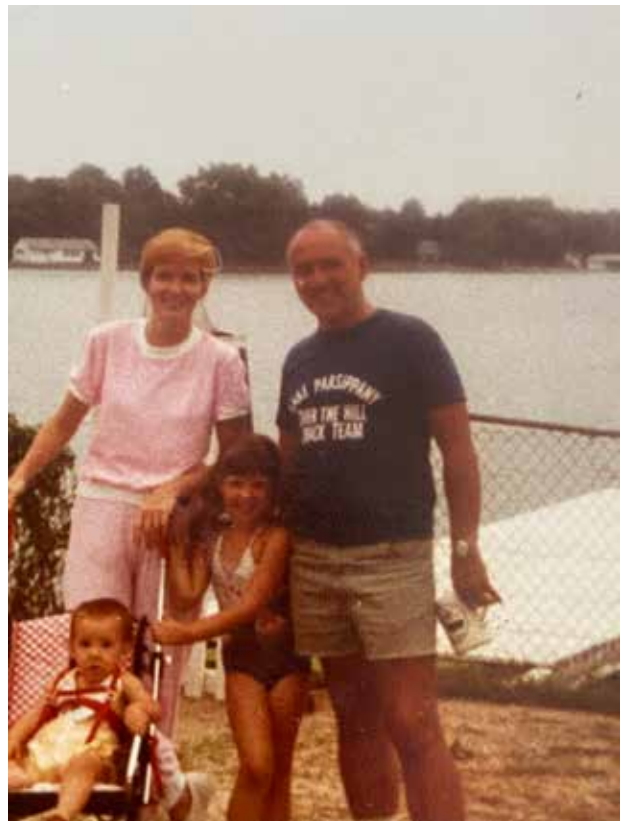
### *Time Capsule (Cont.)*

**BOB HERZOG** was a parent volunteer at Lake Parsippany who loved the sport of swimming. He spent countless hours at the lake, helping with the installation of the swim docks each year, acting as president of the swim team boosters, or just sharing a kind word with the children on the team. He was an official at every meet and always led by example. He was gifted at encouraging other parents to get involved. Bob was instrumental in the formation of a second swim league for local lakes, a little less competitive than Hub Lakes, called the Rockaway Valley League, in the early 1980's.



In addition to the swim team, Bob also served on the LPPOA Board of Trustees from 1977-1983, played on the volleyball team, was an avid sail boater, and organized the Founder's Day Parades

for many years. He took two weeks vacation from work each summer, one week in July, and one in August. He spent both of those weeks down at Drewes Beach because "Why would I need to go anywhere else? We live at Lake Parsippany."



*Time Capsule (Cont.)*

**DAN GAJEWSKI** was an outstanding parent volunteer, always at the beach helping and encouraging all the children of the swim team. He was quick to volunteer his time to work on the docks, preparing them for the swim season or closing up the lanes for the winter. He also volunteered at swim meets as stroke and turn referee. Dan and his family were role models for many families growing up in the lake.





*Katie Vesper*  
*Chrystal Immediato*

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The events committee is continuing to work hard to put together events for our LPPOA members.

Please note that registration for events is required and takes place via the LPPOA website.

Events are open to all members in good standing. Check out what we have been up to!

## PAST EVENTS

### Garba Dance Lessons

LPPOA members got together for an hour of fun and dance. Thank you to Megha Master for donating her time to teach these classes.



**Committee Chairs:** Brigid Crimmins, Chrystal Immediato, and Katie Vesper

**Committee Members:** Marilyn Ammirata, Tarak Bhatt, Jennifer DeStefano, Sangita Desai, Niral Desai, Darshana Kalavadia, Deepa Tailor, Don Phelps, John Scrivens

## ***Events (Cont.)***

### **Water Lantern Launch**

Views of the lanterns reflecting on our lake were mesmerizing.

### **UPCOMING EVENTS**

Look out for more details and flyers for the following events:

### **END OF SUMMER PICNIC-FAMILY FUN DAY**

September, 10th

Drewes Beach

### **SUMMER SOIREE**

September 16th - 7:00-10:00 PM

Johnson Beach

### **BEACH MOVIE NIGHT**

September 17th

Drewes Beach

### **GARBA NIGHTS**

September 23rd and 24th

Drewes Beach

### **EVENTS IN THE WORKS**

### **OCTOBER 2022**

Beach Movie Night, Trunk or Treat, Adult

Halloween Party, Scarecrow Contest and more!

**WE NEED YOU! Have an event idea? Send us an email or join us at our next meeting! Contact us at: [lppoa.events.committee@gmail.com](mailto:lppoa.events.committee@gmail.com)**



*Events (Cont.)*

A photograph of a sunset over a body of water, with the sun low on the horizon and its reflection visible in the water. The sky is a mix of orange, yellow, and grey. The text is overlaid in white, bold, sans-serif font.

**SUNSET & SOIREE**  
**SEPTEMBER 16, 2022**  
**7:00 PM - 10:00 PM**  
**JOHNSON BEACH**

**THIS ADULT ONLY BYOB EVENT IS OPEN TO MEMBERS IN GOOD STANDING.  
PLEASE FEEL FREE TO BRING YOUR OWN CHAIRS, BEVERAGES AND/OR SNACKS.**

**REGISTRATION IS REQUIRED. TO REGISTER VISIT THE LPPOA WEBSITE**

PHOTO: JILL FRANKLIN



## BEACH FUN

### AUGUST

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The following were submitted by our Beach Manager, Amanda. Some of the fun times this summer! Thank you very much for the incredible job the entire beach staff did this summer!

#### TEEN NIGHT, 2022



#### LIFE GUARDS HAVING FUN



#### CANDY BAR BINGO



## ***Beach Events (Cont.)***

### **SWIM ACROSS THE LAKE**

On Saturday, August 13 we hosted our Annual Swim across the Lake.

All the swimmers met at the clubhouse at 9 AM. Every swimmer had an escort with a boat, for safety reasons. We are proud of them all, they did an incredible job!

#### **Swimmers were:**

Audrey L who took first place 30.30

Samantha C who took second place 32.52

Jen M who took 3rd place 34

Jen S

Eileen Y

Mike M

Mary C

Helene F

Lou D

#### **Boating Partners:**

Patricia G

Sam P

Cheryl A

Joe S

John S

Ellen L

Tara T

The Dragon Boat Club

Lou D

Dan N

Paul C

#### **Lifeguards:**

Amanda and Justin

Daniel

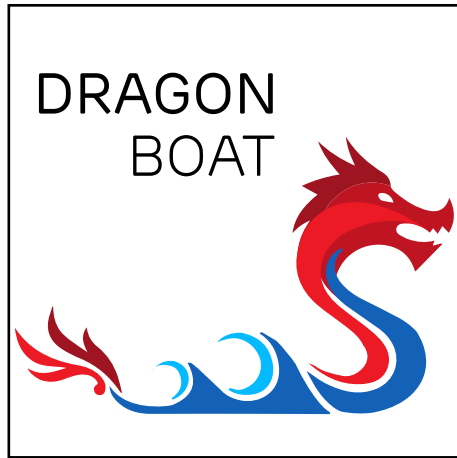
Marcus





*Beach Events (Cont.)*





*Ellen Law*

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#### **PRACTICES AT THE BOAT HOUSE:**

**Monday 6:00–7:15PM**

Cancer survivor and supporter practices

**Wednesday 6:00–7:15PM**

Coed practices

**Thursday 5:45–7:30PM**

Team Dragons Mixed team practices

## **SUCCESSFUL 2 MONTHS OF RACING**

The Dragon Boat Club notched a successful 2 months of racing.

Pink Lightning Cancer Survivor and Supporter Women's crew won Bronze at the July 10 Gilda's Club of South Jersey Dragon Boat Festival in Atlantic City and followed that with Gold at the July 30 Cooper River Dragon Boat Festival in Camden!

Jersey Thunder Womens' crew finished 4th at the return of the August 20 Hartford, Ct Dragon boat Festival.

Team Dragons Mixed crew won the A division minor final in the August 20 Hartford, Ct Dragon boat Festival.

Jersey Thunder and Team Dragons are slated to compete in the Eastern Regional championships on Sept 17 in Princeton.





### *Dragon Boat (Cont.)*

The dragon boat team was on hand to support the August 13 Across the Lake Swim both in dragon boats and in their own kayaks.

Attached are photos of Pink Lightning with their Cooper River Gold medals.





*Sebastian Ostolaza*

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## WON OUR LAST MATCH

The Horseshoes Team finished the season on a high note by winning our last match against Lake Telemark with a score of 12-0. The team missed the playoffs by only a few games but we had a great season. Our team went through a big roster change this year and now that the first season is behind us, we are looking forward to a better season next year.

The team would like to thank Coach Frank Calabrese for all he has done in the last 25 years. He's been looking to retire from coaching for a long time, but we still won't let him. Sorry Frank!

We also want to thank our Grill Master, John Scrivens, who supplied his very own butchered hot dogs that barely fit into a standard hot dog bun. He was at the helm of the BBQ keeping everyone well fed during practices and home games.

Joe Mautone who took our old set of horseshoes back to his workshop and refinished them to new condition and NHPA (National Horseshoe Pitching Association) Standards for weight and balance. Joe Orme who travels to Mississippi every year to harvest Horseshoe Pit Clay that is gathered from what seems to be the only place on the planet that has this special mud we need.

**If you are interested in joining the Horseshoes Team, please visit our page at <https://lake-parsippany.org/Mens-Horseshoes> for more information.**



*Don Phelps*

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## WE HAD A GREAT TIME

Thanks for all the support of the Kayak Club members. We had a great time paddling our Safety Class, late into the evening in June, enjoyed a beautiful sunset at the Ice Cream Social, checked out various spots around the lake during the Poker Paddle and cleaned the shore line from the kayaks. Enjoy the fall on the lake!

Check out the club's page on the website for the latest on the club!







*Ellen Law*

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## LUNKER TOURNAMENT

The Fishing club hosted the August 13 Lunker tournament which was run in conjunction with our first Novice and Youth Derby. Tim Brennan, Club VP won the Lunker tournament pot with an 11 pound channel catfish. Ellen Law, Club President, won the Novice Derby fishing towel with a perch.

We are gearing up for our August 28 Fishing Trip for Lake Members and friends to the Atlantic Highlands.



### *Fishing Club (Cont.)*

## CLARIFICATION ON "OFF LIMITS FISHING AREAS" -

There is NO fishing in the swimming or bathing areas around the lake. This includes Johnson, Drewes and Hoffman Beaches.

REASON: we don't need bathers, swimmers to get hooked on errant tackle. Therefore, even if you or your vessel is 50' away, you may not cast into these areas. Let's be thoughtful of our fellow lake members.

## ABOUT CARP

All Carp caught must be removed from the lake. Attached is photo of one recently captured. Carp are a freshwater fish species from the family Cyprinidae, a group of fish native to Europe and Asia. Carp are not new to New Jersey but despite their longtime presence, carp are still considered an invasive species with harmful impacts on native ecosystems.

Common carp can be identified by their large, golden brown scales. They also have two small

"whiskers" on each side of their mouth. They can weight up to 80 pounds and grow up to 5 feet in length. They live an average of 20 years.

Carp were brought into the US by the Commission of Fish and Fisheries in the 1800s to be a game fish and source of food. Due to their ability to rapidly reproduce and tolerate a wide range of environments, they quickly spread into waterways throughout the country.

Carp are notorious for altering natural ecosystems. They uproot and disturb submerged vegetation while searching for insect larvae to eat. Carp reduce water clarity and stir up bottom phosphorus-containing sediments, which contributes to algae blooms. They have a voracious appetite which leaves little food for native species.

Carp can be eaten! Carp are considered excellent table fare and are usually smoked or baked. You can also donate the carp to The Raptor Trust (908-647-1091/1390 White Bridge Road, Millington, NJ)

Until next month - happy fishing!!!







*Don Phelps, Marilyn Ammirata*

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Each month we would love to highlight specific special events in our community. At the last board meeting, while always acknowledging appreciation of all of our volunteers, the board decided to honor our volunteers by highlighting some of them monthly as well as considering a volunteer celebration at the end of the year.

This month, Don Phelps has highlighted some very special people in our community, please read on as Don had interviewed a couple of members, see what they have to say about their involvement in the betterment of our community.

## VOLUNTEER SPOTLIGHT

Each month a couple of volunteers in the LPPOA are spotlighted and other volunteers are recognized.

**Joan Mahon:** Garden Club Coordinator



**Q: You're the Garden Club Coordinator, when and how did you come into that position?**

**A:** The Garden Club was founded in 2008 by the late great Annie Murphy who saw that the flowers at the Lake Sign needed care. She recruited me as one of its first members as I was always doing gardening around my property. Over time I took over the coordination of our dedicated members who meet weekly to take care of our multiple gardens.

**Q: What do you enjoy about your volunteer position?**

**A:** I love to organize people into productive groups and also to bring beauty into the world. Gardening with others is a great combination of both.

**Q: What advice do you have for our new LPPOA volunteers?**

**A:** Volunteering opens new doors, new friends, develops skills you have and allows you to build new ones. It is a fun way to get out and socialize. Your volunteerism may not be noticed but you will feel good inside for doing some good for this beautiful lake and in the world.

## Neighborhood News (Cont.)

### Ellen Law:

President, Lake Parsippany Fishing Club



**Q: You're the President of the Lake Parsippany Fishing Club, when and how did you come into that position?**

**A:** It's a volunteer position as all officers of lake clubs are. I am also

a volunteer head coach of the Dragon Boat Club. Both clubs work out of the boat house area and I run often run into Tony Suprum. I heard earlier this year that Tony would be vacating his position as President of the Fishing Club due to personal reasons and there did not appear to be anyone interested in filling the position. I checked in with Tony and I agreed to help out the club as their new President.

**Q: What do you enjoy about your volunteer position?**

**A:** I love meeting new people and through them learning new things about the lake. I've been a member of the lake and coach of the dragon boat team since 2000. Yet I learned many more new things about the lake through the eyes of the fishing club members. They too love the lake, but in another dimension as in their appreciation for the living things in the water. We have wonderful caring officers in Tim Brennan, Kevin Meininger and of course Tony Suprum. We are all proud of the

cool programs we host for the lake and supporting the members of the club. We are eager for our first field trip, a fishing trip off our own private boat, the Mijo. Looking forward to seeing our fellow lake members and friends on the trip. If you have any interest in fishing, I hope you join us at our next meeting at the club house and meet the fishing club members. Our membership includes experienced fishers and newbies ranging in age from youth to seniors. Come out and fish and enjoy the peace and tranquility of the lake - and maybe you will be blessed with the adventure of a battle with fish! 8-) Which of course is returned to the water.

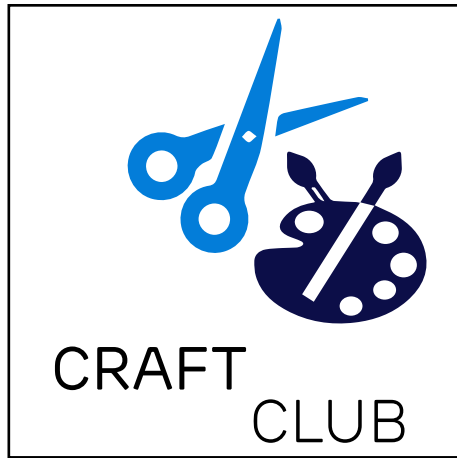
**Q: What advice do you have for our new LPPOA volunteers?**

**A:** Members and volunteer officers of any club will get to meet new people who also appreciate lake membership. Serving as an officer says to the members you want to be accountable for the club's mission and to the members. Also giving back to the lake in return for the enjoyment is always soul cleansing. Supporting membership body like the fishing club is fun - and fun loves company!

Thank you to all the individuals who sponsored the Trout contest and thanks to the lake clubs Dragon Boat Club, Ladies Club and the Dart Team that made donations to the fishing club which support our programs and to LPPOA.

### Volunteers around Lake Parsippany

John Scrivens took the initiative and repaired one of the Kayak Club's boats, donating his time and supplies. Thank you John!



*Jenn DeStefano, Marilyn Ammirata*

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## MONTHLY MEETING

The Craft Club met August 23rd at the clubhouse for our monthly meeting. This month we worked on a project selected for us by a club member. We

did have a great turn out and everyone had a fun time with some really beautiful creations.

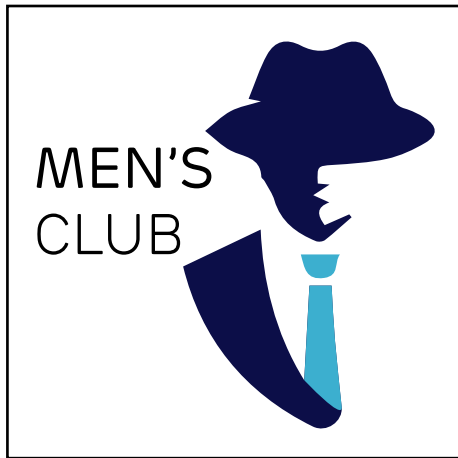
We meet monthly, to either work on a group craft, individual crafts or to just get together with old friends and meet new friends. We get together on the 4th Tuesday of every month at 7 PM at the LPPOA clubhouse. Craft ideas and new friends are always welcome!

Please feel free to reach out to the club directly if you are interested in joining us. To be added to the email list, please contact JennDeStefano99@aol.com and request to be added.

Also check out our Facebook Group. We post craft ideas and videos.

**LPPOA Craft Club** <https://www.facebook.com/groups/686077959129827>.





*Bill Sempier*

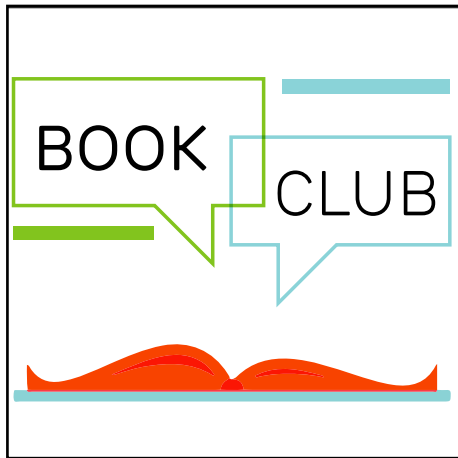
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## EVENTS

There has been discussion amongst several club members to investigate a hatchet throwing event along with other possible events like hockey and football games. Further updates will be provided as we work on more details.

## SUMMER REFLECTIONS

The lake is an essential part of the community. Not only does it provide the deeded rights of Bathing, boating and fishing, it, along with the clubhouse serve as the center of our community. The beach has always been a place where friendships form. Our community has 2 grammar school's that divide the kids. The beach is where the kids from all around the lake get to meet. I can personally attest to being witness to these friendships blooming. The parents also get to meet and soon a long-term friendship that may never have occurred is born. Despite the crazy hot weather this summer the kids came down and enjoyed the beach while making new friends. Now it's time to put away the sand toys and the sunscreen till next summer. The beach will become quieter with a few more geese moving in. Hopefully the memories and friendships made this summer will continue at school and other opportunities here at the lake to get together throughout the year.



*Pat de la Fuente*

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#### **FUTURE BOOK CLUB SELECTIONS:**

**2022**

- |            |   |
|------------|---|
| <b>SEP</b> | The Book of Lost Friends<br>by Lisa Wingate   |
| <b>OCT</b> | The Woman in the Window<br>by AJ Finn   |
| <b>NOV</b> | The Plot Against America<br>by Philip Roth  |
| <b>DEC</b> | The Castle in the Backyard:<br>The a dream of a House in France<br>by Betsy Draine and Michael Hinden |

## **AMERICAN DIRT**

In August, we gathered under the pavilion at Hoffman Beach to talk about Lisa Wingate's *The Book of Lost Friends*. As always, we shared good stuff to eat. Despite the heat, two of our members baked delicious treats, which reflected the two different time periods in the book:

Buttermilk Pie, which would have been a dessert staple in 1875, for Louisiana plantation owners and freed slaves; and "Grannie T's 'Nanna (Banana) Oatmeal Raisin Pooperos"—a recipe given in 1987 to overwhelmed new teacher Benedetta (Benny) Silva by local wise woman Aunt Sarge. "Child is hungry, he'll eat them. He's not bad hungry, he'll turn up his nose."

This book opened up a period of history not fully known to most of us. We all realized that slavery had torn families apart and wondered if any had been able to find each other after the Civil War. We learned about the Lost Friends ads, published in the *Southwestern Christian Advocate*, a Methodist newspaper that went out to nearly 500 preachers, 800 post offices, and more than 4000 subscription holders. The newspaper stated, "We make no charge for publishing these letters from subscribers. All others will be charged fifty cents. Pastors will please read the requests published below from their pulpits, and report any case where friends are brought together by means of letters in the *Southwestern*." (Page 379)

In a time before social media, before "Finding Your Roots" and DNA databases, people often made extraordinary efforts to reconnect with those they had loved and lost. Try and imagine how hard

**Book Club (Cont.)****FUTURE BOOK CLUB SELECTIONS:****2023**

<b>JAN</b>	Sweetness in the Belly by Camilla Gibb
<b>FEB</b>	The Personal Librarian by Marie Benedict
<b>MAR</b>	The Four Winds by Kristin Hannah
<b>APR</b>	A Day Like This by Kelly McNeil
<b>MAY</b>	Thick as Thieves by Sandra Brown
<b>JUN</b>	The Day the World Came to Town by Jim DeFede
<b>JULY</b>	Valiant Ambition by Nathaniel Philbrick
<b>AUG</b>	The Orphans Tale by Pam Jenoff
<b>SEP</b>	SweetBitter by Stephanie Danler
<b>OCT</b>	The Spanish Daughter by Lorena Hughes
<b>NOV</b>	Hello Molly!: A Memoir by Molly Shannon
<b>DEC</b>	Christmas at the Cupcake Cafe by Jenny Colgan

it would be to save 50 cents when you are paid almost nothing for your work. The first part of this book focused on Hannie Gossett, a slave from a Louisiana plantation, and two other women—Lavinia, heiress to the plantation, and Juneau Jane, Lavinia's Creole half-sister who were en route to Texas. Slaves had been moved from Louisiana to Texas—to "protect" slaves from the fighting, as well as to keep them in bondage. Unaware of the 1863 Emancipation Proclamation and the surrender of General Lee in April of 1865, slaves were not told they were free until Gen Granger and Union the troops arrived in Galveston on June 19, 1865—the reason for present-day "Juneteenth" celebrations. In this book, the characters traveled a tumultuous, complicated route, with many dangers and triumphs, some of which we found unrealistic.

The second part of the book is about Benny Silva's efforts to teach impoverished children, most of them African American, in the town of Augustine, La, in 1987. Her efforts to reach them eventually lead all of them to explore the Gossett mansion and the town's troubled history. The children eventually do a "living history" performance, some dressed as slaves from the Gossett plantation who are their ancestors. Are the stories a bit far-fetched? Maybe. But the ads for "Lost Friends" are real. Read the book and let us know what you think.

**We meet the third Tuesday of each month.  
Contact Christie at [chegy@optonline.net](mailto:chegy@optonline.net)**





Marissa May

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## AN AMAZING SEASON

The Pirate swim team had an amazing season. We had many new swimmers join our team and each child came to practice and swim meets smiling and full of excitement. This program taught them the importance of team work, determination and most importantly, how to have fun! We enjoyed our team pep rally at Hoffman Beach on 8/5 with snacks, awards and

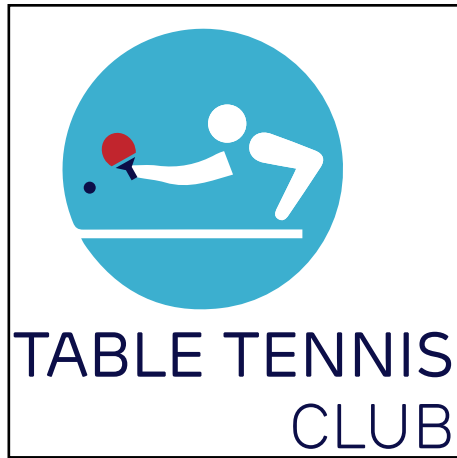
our annual shaving cream fight! We concluded the season at Hub lakes championships the first weekend in August. While the weather was certainly warm, it helped our swimmers bring the "heat" to the meet. Many Pirate swimmers beat their own times to qualify for the finals on Sunday and some members even broke swim records at Hub! We are all sad to see the season end.

The recipients of the LPPOA sponsored awards for 2022 were Michelle Cromwell (The LaMothe Award) and Joelle Johnson (The Bob Herzog Award). Special thanks to Reagan Moffat for stepping up as our coach and thank you to Anna Rose To and Rachael Summa for assisting our swimmers for the entire season. We already have a coach committed to next year so we look forward to having even more swimmers join our team and having an even better 2023 season!

Go PIRATE!







Zach Sempier

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## OFF-SEASON CLUB BEGIN

The Lake Parsippany Table Tennis Team will begin its off-season club this month on Wednesday, September 7th at 6:45 pm at the Club House. We meet on the 1st Wednesday of every month for practice and friendly matches. Even if you've never played, we will be willing to teach you; the more you play, the better you will be.

We'd like to have a head count to organize our practice matches and we ask that you RSVP by 12pm the day of. As an added bonus, this year other lakes will be hosting Table Tennis clubs from around Hub Lakes and we will be joining them on those days so you will have plenty of opportunities to join us.

If you have any questions or want more information please reach out via email and I will be happy to assist you. **My email is Zach. Sempier@gmail.com**



**Bill Sempier**

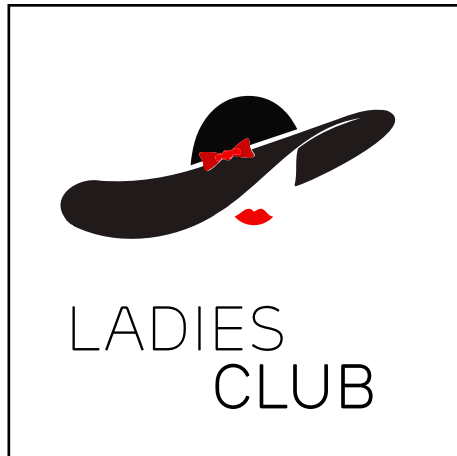
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## WATER QUALITY

The lake level is down nearly 12 inches as a result of the high temps and lack of rain. LMS is doing a great job of keeping the lake clean and free of algae. Their 20 plus year knowledge of the lake prevented any ill effects to the lake from the lack of rain.

Several people inquired about the circulator. Without going into all the boring technical details here is a high-level description. The lake management plan presented years ago noted that the cove where the beach is located is a poor circulation area of the lake and is in close proximity to a storm drain basin. Installing the circulator not only kept the water cleaner from algae but had a bonus of keeping the geese away at night significantly lowering the coliform counts at the beach.

Originally, we felt that on windy days we could simply power the unit off and only use on calm days. LMS said that the circulator effects the sub surface water as much as the surface. Many of you are new to the lake community, but as some may recall the summer a few years back when the unit was out of service for a day that the testing occurred after a heavy rain. The coliform count was over 300. A second failed test would have caused us to close the beach. We were able to get the unit repaired and back online prior to the test the next day. The results dropped so significantly that we did not have to close. I'm proud to say that in my time on the water quality committee that the beach was only closed for 1 day. It was later found that the cause was that the person doing the test took the samples improperly.



*Marissa May*

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## SUPPORT AND GIVE BACK

The ladies club enjoyed a beautiful night outside for our August meeting. We spent the evening discussing ways we can continue to support and give back to our lake community. We are donating \$200 to the LPPOA to assist in purchasing signs about LPPOA being private

property and to help give to our community youth, we are donating \$400 to the LPPOA scholarship fund to allow for another potential college student or current college student to receive a scholarship.

Despite some trials and tribulations to make it happen, we were happy to donate the newest jungle gym to Hoffman Beach. Special thanks to ladies club members, Jenny Dunn and Jennifer Shipon, plus beach manager Amanda and Michael Keller for assisting in assembling this new equipment. The kids are already "hanging" all over it and their smiles are so rewarding.

We look forward to helping out at the Annual Regatta on August 27 & 28th.

**Want to get together with an amazing group of women? Please reach out to the club President, Maureen at [meomaster@verizon.net](mailto:meomaster@verizon.net). We meet the 3rd Thursday of every month! Come join us!**





Jenn DeStefano

## FALL FAMILY FUN ACTIVITIES, CRAFTS AND RECIPES

**Go Apple Picking** or make a trip to your local farmer's market to choose apples. Make sure you get several different varieties and have a taste test!

**Go on a Fall Nature Walk** together and collect autumn leaves, acorns, pinecones, and other nature items

**Fall Observational Drawing** Take some paper and colored pencils or watercolors (or even your easel) outside for some fall observational drawing and painting.



## AUTUMN LEAF SUNCATCHERS

### MATERIALS

**Time needed: 30 minutes.**

- Transparent contact paper
- Fresh autumn leaves
- Heart or other hole punch (optional)

### INSTRUCTIONS

#### 1. Prep your contact paper

Cut off a rectangular piece of contact paper. Fold it in half, then pull the paper covering off to the fold, exposing half of the sticky plastic.

#### 2. Add your leaves

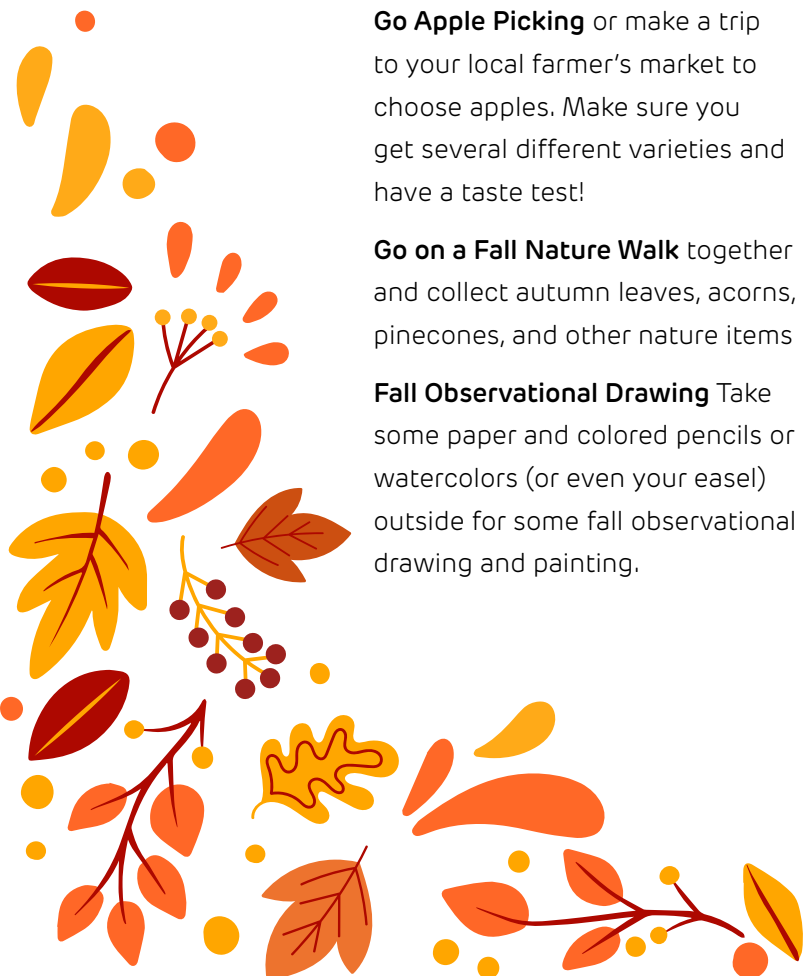
Arrange your autumn leaves on the sticky contact paper and press to adhere. If desired, use your hole punch to cut out heart (or other) shapes from leaves and add those to the suncatcher as well.

#### 3. Fold over your contact paper

When you are satisfied with your design, remove the rest of the paper backing from the contact paper. Carefully fold it over the leaves, sandwiching them in between the two layers of plastic, and press down with your hands, avoiding air bubbles if possible.

#### 4. Enjoy!

Hang in a sunny window and admire! You can tape your suncatchers to the window or punch holes in the top and add a ribbon for hanging.



*Kids Korner (Cont.)*



## BACK TO SCHOOL SAFETY TIPS

Safety experts say it's a good time for parents to review with their children what to do and what to avoid.

### HOW TO WALK TO SCHOOL SAFELY

Safety experts say parents should walk the route to school with children in advance and make sure they have plenty of time to get there on the first day. Having extra time will prevent children from feeling rushed and taking unnecessary risks when crossing streets.

**Parents might also want to review simple rules for crossing roads with younger children. Those simple rules include:**

- Walking on the sidewalk when one is available and facing traffic if forced to walk on the street.
- Stopping fully and looking left and right - twice - to make sure there are no cars coming before crossing a road.
- Crossing at crosswalks and making eye contact with drivers to ensure they are stopped and will remain so.
- Avoiding distracted walking, such as walking and using a mobile phone at the same time.

### HOW TO BIKE TO SCHOOL SAFELY

Many children in middle school can ride a bike to school by themselves.

**Safety experts say children who bike to school should follow simple safety rules:**

- Ride on the right side of the road, with traffic, in a single-file line.

- Stop completely before crossing a street and walk the bike across the road.
- Wear properly fitting helmets and bright clothing.

### HOW TO SAFELY RIDE THE BUS

To prepare students to ride a bus to school, parents should go to the bus stop with their children and teach them the correct way to get on and off the bus.

"The biggest risk regarding school buses is children approaching and exiting the bus," according to the American Safety Council.

**To stay safe, children should:**

- Stand 6 feet, or three giant steps, away from the curb.
- Walk on the side of the road until they are 10 feet ahead of the bus before crossing in front. The bus driver and child should always be able to see each other.
- Avoid trying to retrieve anything dropped near the bus. Instead, let the bus driver know and ask for help.
- Avoid walking behind the bus or in other places the driver cannot see.
- Sit facing forward and remain seated as the wheels on the bus get rolling.
- Listen to the bus driver and report anything unusual, such as an unfamiliar adult or bullying.

Parents who drive and drop their kids off to school should be extremely careful in the car line. Watch for kids biking and walking, especially during school start and end times and within roughly a mile radius around schools.





*Kids Korner (Cont.)*

## APPLE MUFFINS

If you're making muffins, line a muffin tin with cupcake papers or silicone muffin liners (or simply grease and flour the muffin tin). Fill each section 2/3 full. Bake for 20–25 minutes or until a toothpick inserted in the center of a muffin comes out clean.

**INGREDIENTS**

- 6 cups diced apple (about 5 medium apples)
- 1 1/2 cups sugar
- 1 tablespoon cinnamon
- 1/2 teaspoon nutmeg, freshly ground
- 1 cup cinnamon applesauce
- 1 1/2 sticks (3/4 cup) butter, melted and cooled, plus a little to butter the pans
- 2 teaspoons vanilla
- 3 eggs
- 1 1/2 cups white whole wheat flour
- 1 1/2 cups all-purpose flour, plus a little to sprinkle in the pans

- 2 teaspoons baking powder
- 1 teaspoon baking soda
- 1 teaspoon salt
- Powdered sugar or caramel sauce (optional)

**INSTRUCTIONS**

1. Preheat the oven to 350°F. Butter and flour muffin tin
2. Combine the apples, sugar, cinnamon, and nutmeg in a large bowl. Add the applesauce, butter, vanilla, and eggs and mix well. Add the flour, baking powder, baking soda, and salt and stir just until mixed.
3. Pour the batter into the Bundt pans and bake for 40–45 minutes or until a toothpick inserted in the center of the cakes comes out clean. Cool the Bundt cakes for 10 minutes, then invert them on a wire rack. Dust the cakes with powdered sugar or drizzle them with caramel sauce, if desired. This cake is excellent served warm with a scoop of vanilla ice cream.







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